

FUTURE OF NURSING™

Campaign for Action

AT THE CENTER TO CHAMPION NURSING IN AMERICA

AARP Foundation  Robert Wood Johnson Foundation



National Alaska Native American Indian Nurses Association

Generational Trauma, Its Effect on Native Americans, and How Nurses Can Help

April 25, 2018

Today's Webinar

- Identify how adverse childhood experiences and generational trauma relate to events of the past and present
- Discuss the effects of adverse childhood experience and generational trauma on health
- Discuss how incorporating indigenous wisdom into nursing practice is beneficial to patients and a possible tactic for cultural revitalization
- Discuss the role and work of NANAINA leadership



Winifred V. Quinn, PhD

Director, Advocacy &
Consumer Affairs

*Center to Champion Nursing
in America*

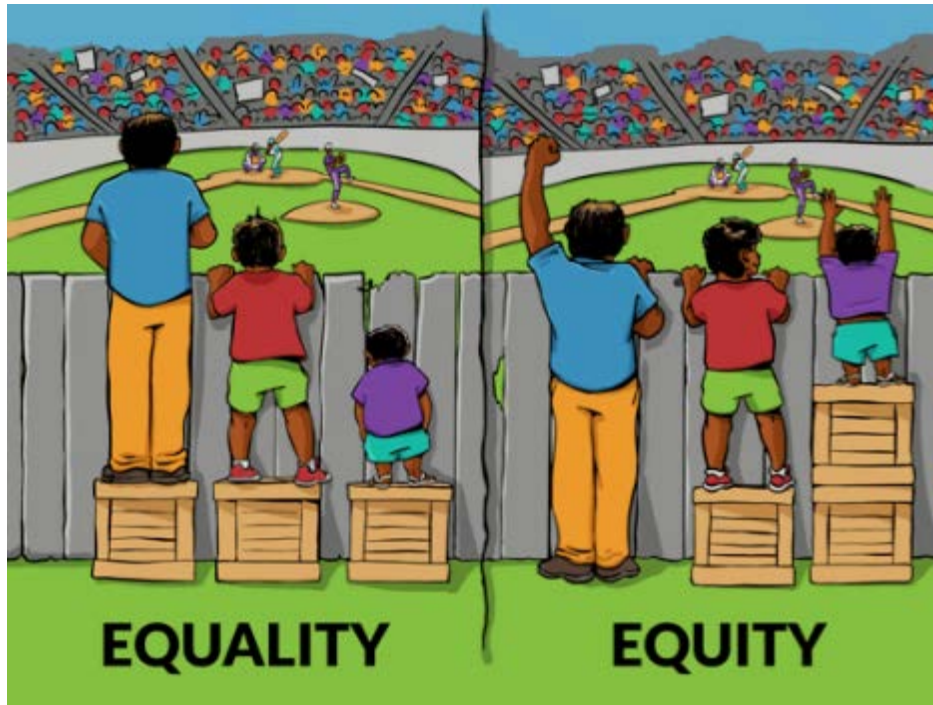
Today's Facilitator



Regina Eddie, PhD, RN

Assistant Professor, Northern Arizona University
Consultant on diversity issues, *Center to
Champion Nursing in America*

What is Health Equity?



Interaction Institute for Social Change | Artist: Angus Maguire
<http://interactioninstitute.org/illustrating-equality-vs-equity/>

Today's presenters



Whitney Fear, RN, BSN
Nurse case manager and
community outreach nurse
for Homeless Health
Services of Fargo, ND



**Lisa Martin, PhD, RN,PHN,
AHN-BC**
President, National Alaska
Native American Indian
Nurses Association
(NANAINA);
Associate professor, St
Catherine University



Misty Wilkie, PhD, RN
Immediate Past President,
National Alaska Native
American Indian Nurses
Association (NANAINA);
Associate professor at
Bemidji State University

Wiíyowata: Effects of generational trauma/adverse childhood experiences (ACE) on indigenous peoples and the path to healing our nations

Whitney Fear RN, BSN

What does wiíyowata mean?

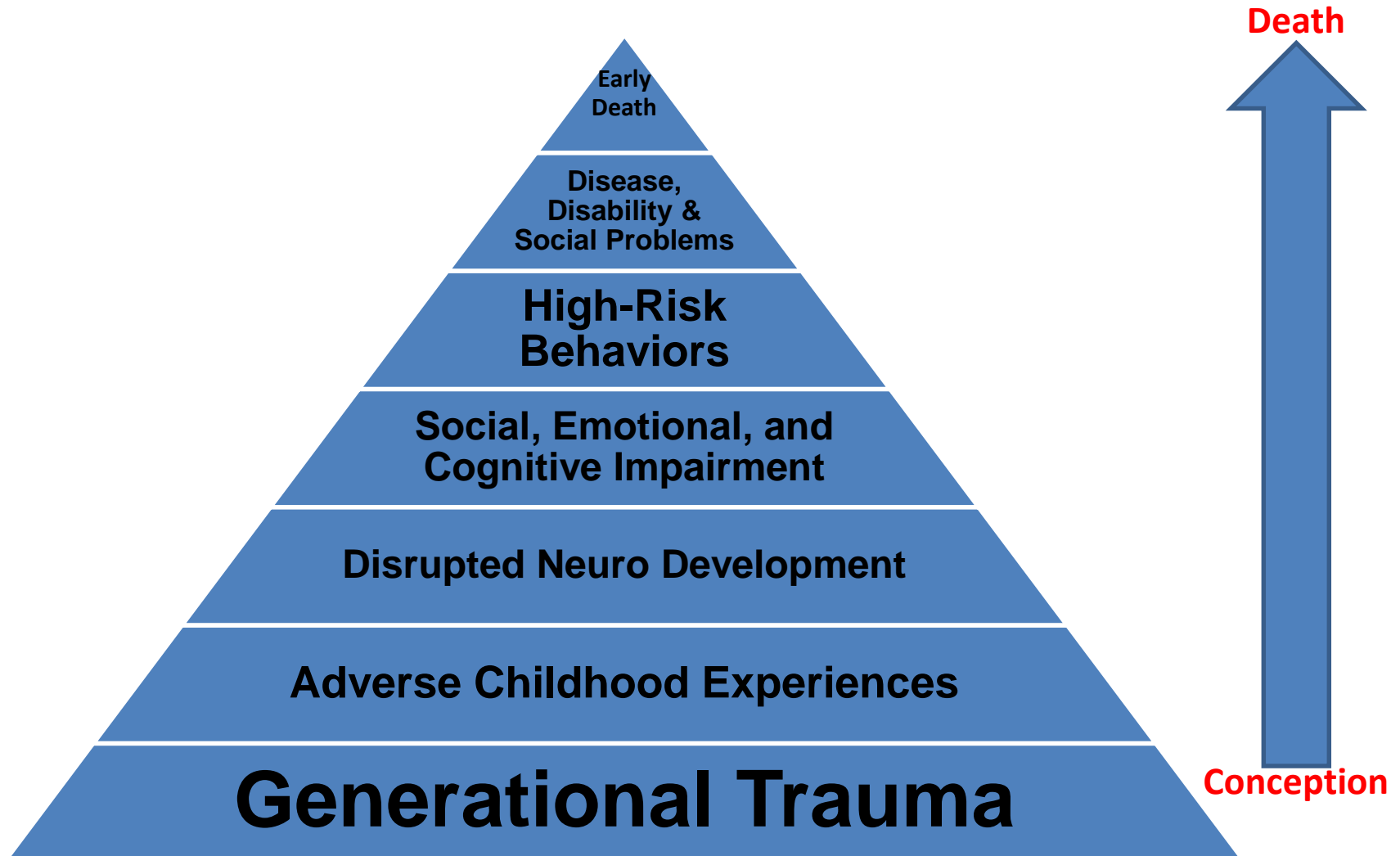
Why title a presentation with this term?



- Original ACEs study performed from 1995-1997
 - Linked the incidence of trauma in one's life to poor health outcomes
 - Over 17,000 participants studied
 - Revealed a graded dose-response between negative health outcomes and cumulative stress

Generational trauma, while not an actual ACE, has created an additional ACE pyramid that is becoming more widely accepted.

ACE Pyramid



Significant Events of the Past

- Assignment of monetary value to the land
- Exploitation of natural resources
- Targeting of women and children
- Elimination of ability to be self-sustainable
- Boarding school

“Transfer the savage-born infant to the surroundings of civilization, and he will grow to possess a civilized language and habit.”-Colonel Richard H. Pratt



According to Indian Health Services:

- Life expectancy 4.4 years less than the rest of the U.S. population
- 2.1 times higher rate of death from violence
- 1.7 times higher rate of death from suicide
- 4.8 times higher rate of cirrhosis
- 3 times higher rate of type II DM
- Complete lack of tracking of data related to missing persons cases and murder involving indigenous peoples

(Indian Health Services, 2017)

- Urbanization
- Loss of Services
- Overrepresentation
- Difficulty Adjusting
- Structural Racism

“Nothing about us, without us”

- “Typical” Western medicine approach ineffective
- Lack of significant improvements
- Significance to restoring culture and healing wounds of the past

Waun’sila

- Wačhántognáka
- Wóksape
- Wóohitika
- Wóyuonihan



Tǎhoopi Čík'ala, Little Wound

References

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- Davis, J. J., Roscigno, V. J., & Wilson, G. (2016). American Indian poverty in the contemporary United States. *Sociological Forum*, 31(1), 5-28. doi:10.1111/socf.12226
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- Nutton, J., & Fast, E. (2015). Historical Trauma, Substance Use, and Indigenous Peoples: Seven Generations of Harm From a 'Big Event'. *Substance Use & Misuse*, 50(7), 839-847. doi:10.3109/10826084.2015.1018755
- United States Congress. (n.d.). *U.S. Code Title 25-Indians* (Publication No. Title 25). Retrieved March 21, 2018, from https://www.ih.gov/ihcia/includes/themes/responsive2017/display_objects/documents/home/USCode_Title25_Chapter_18.pdf

Generational Trauma: How Nurses Can Help

Lisa Martin, PhD, RN, PHN, AHN-BC
Misty Wilkie, PhD, RN

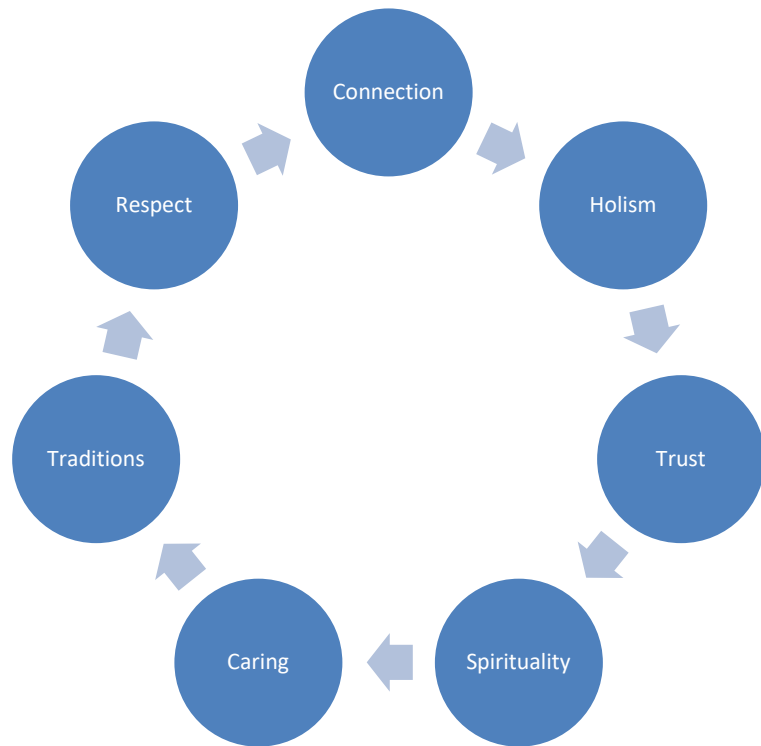
What is unique to indigenous nursing care?



Indigenous nurses navigate cultural differences

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- Lowe and Struthers (2001) Native American nursing model and nursing interventions
- Kleinman's explanatory model (1988)
- Social determinants of health
- Social and cultural determinants of health

Social determinants of health (SDOH)



Image from: <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>

- Connection to family, community, country, language and culture
- Racism
- Early childhood development, education and youth
- Employment and income
- Housing, environment and infrastructure
- Interaction with government systems and services
- Law and justice
- Health choices
- Food security

Making an impact

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In Summary...



References

- Kleinman, A. (1988). *The illness narratives: Suffering, healing and the human condition*. New York, NY, US: Basic Books
- Lowe, J. & Struthers, R. (2004). A conceptual framework of nursing in Native American culture. *Journal of Nursing Scholarship*, 33(3), 279-283.
- Office of Disease Prevention and Health Promotion. (2018). *Healthy People 2020: Social determinants of health*. Accessed April 12, 2018 at <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>
- Wilkie, M. (2018). Bemidji State University Department of Nursing Niganawenimaanaanig Program. *U.S. Department of Health and Human Services (HHS) grant number D19HP30868*.

Contact information:

Whitney Fear WFear@famhealthcare.org

Dr. Lisa Martin lcmartin@stkate.edu

Dr. Misty L. Wilkie mwilkie@bemidjistate.edu

Questions for the Audience:

- 1) How will you integrate what you learned from this webinar into your work?
- 2) What are other strategies you can think of that promote 'health equity' in your communities for Native Americans?

**Press *1 on your telephone key pad to answer or ask a question
(Please be sure to record your name after the prompt)**

OR

Use the “chat” feature to send “everyone” a question.



If you are having trouble asking a question, please click the “Raise Hand” button on the bottom right of your screen

Creating a vision for indigenous nursing summit

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The purpose of this conference is to operationalize and apply the conceptual model "Nursing in Native American Culture" based on the eastern medicine wheel that represents indigenous concepts in Native American nursing as described by Lowe & Etulhua (2002). Members of NANAINA contributed to the development of this model at a conference in 2002 in Fairbanks and revised it as the Native American Nursing model. This model can be used by all nurses in practice serving Native Americans to guide and inform nursing care, education, research, and administration.

*Other health providers can understand the cultural construct of nursing in Native American culture and utilize this model to provide health care to Native American clients, families, and communities. Nurses in other cultures can use this framework to help explore and define the nature of their own nursing practice. (Lowe & Etulhua, 2010)

*For the convenience of the term Native American is used interchangeably with Alaska Natives and American Indians.

Location: St. Catherine University in St. Paul, Minn

Key Dates:

- 2018 Early (Reduced) Conference registration deadline: **April 30**
- Meeting: June 8-9

View the application at:

<https://campaignforaction.org/creating-a-vision-for-indigenous-nursing/>

Visit us on the web at www.campaignforaction.org
For webinar resources:
<http://campaignforaction.org/resources>

Campaign for Action ABOUT ISSUES OUR NETWORK BLOG RESOURCES GET INVOLVED Q

Resources

A LIBRARY AT YOUR FINGERTIPS

Help promote better health through nursing by tapping into hundreds of resources, including studies, toolkits, webinars, and other materials organized in the categories in which the Campaign pushes for action.

ISSUES

- Improving Access to Care
- Transforming Nursing Education
- Promoting Nursing Leadership
- Increasing Diversity
- Collecting Workforce Data
- Fostering Interprofessional Collaboration
- Building Healthier Communities

TOOLS & TIPS

- Academic Progression in Nursing (APN)
- Advocacy
- Communications and marketing
- Funding opportunities
- Medkits
- Milestones (Dashboard Indicators)
- News releases

keywords Q

BY STATE ▼

RESET X

- Organizational excellence
 - Fundraising
 - Internal operations
 - Stakeholder engagement
- Research
 - State Implementation Program (SIP)
 - Grantee projects
 - Grantee resources
 - Webinars

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