

TOOL KIT

UTAH'S NURSE RESIDENCY PROGRAM

Background

Utah's State Implementation Program (SIP) grant application to the Robert Wood Johnson Foundation (RWJF) recommended purchasing the UHC/AACN Nurse Residency Program for use in all of the hospitals selected to participate in the grant. A Utah specific proposal from UHC/AACN was received on May 13, 2013 and a statewide meeting with the hospitals and nursing education programs was convened later that month to discuss the feasibility of purchasing the program. It was the unanimous decision from the participants at the meeting that the cost of the UHC/AACN program was cost prohibitive and another nurse residency program needed to be found. At the same time, the Salt Lake Veteran's Administration (VA) Hospital had already begun implementing a nurse residency program, modeled after other national VA hospitals' nurse residency programs. Furthermore, the Salt Lake VA was beginning the process of Commission on Collegiate Nursing Education (CCNE) accreditation of their nurse residency program, based on the nurse residency model at the Salt Lake VA Hospital and the CCNE accreditation standards.

<u>Curriculum Model</u>

A Curriculum Crosswalk document, based on the CCNE accreditation standards, was developed by the grant coordinator to be used by each hospital site as an "overlay document" on their existing nurse orientation program content. This document details how each program would meet the CCNE standard, the type of enrollees in the nurse residency program (ADs, BSNs, or both), how the standard will articulate with the capstone experience, and evaluation standards).

An environmental scan of each hospital new registered nurse orientation program was also conducted which found a wide variation of content, length, and nomenclature of the program (orientation, internship, residency, etc.). Site visits by the grant coordinator and grant co-lead were conducted the summer of 2013. Expectations of the program and suggested curriculum content and methods were explored and suggested at this site visits.





No firm commitment to seek CCNE accreditation was obtained at this time, although two of the grant's hospitals are presently in the process of seeking accreditation in the Fall 2014.

Components of the Tool Kit

The following are components of Utah's nurse residency program tool kit:

- **1.** The Curriculum Crosswalk document see description in above section. The complete document is attached in the Appendix, for further review.
- 2. "Nurse Residency Program Builder" book, author Jim Hansen, MSN, RN-BC. This book was recommended as a valuable resource by the Salt Lake Veteran's Administration Hospital nurse residency coordinator. Copies of this book were provided to each nurse residency program at the beginning of the grant or when the additional nurse residency programs became operational.
- 3. "Take Charge of Your Nursing Career, Open to the Door to Your Dreams" book, author Lois S. Marshall. This book is recommended by the National Honor Society of Nursing, Sigma Theta Tau, on their website. The content of the book is directed to nursing careers, professionalism, life-long learning, and such practical items as writing a resume and a letter to a future employer. Content from the book were integrated into individual nurse residency program's leadership and professionalism curriculum. Copies of this book were provided to each nurse residency program by December 2013 or when the additional nurse residency programs became operational.
- 4. REDCap Training Module This training module, developed by Bob Wong, PhD, University of Utah College of Nursing, details the elements of the data collection system and survey tools for Utah's nurse residency program. Elements of the data collection were collaboratively determined by the nurse residency program participants in August and September 2013. For instance, the Casey-Fink scale was rated as the best tool to use in our data collection, with the McCloskey-Mueller scale being rated as second. Hence, the Casey Fink was selected for inclusion into the REDCap system. For ease in collecting and interpreting data, the demographic components of the Casey Fink scale were broken out separately into a demographic data collection tool. The Intermountain Health Care tool on evaluating preceptors was used in our data collection, with some





modifications. The Salt Lake Veteran's Administration data tool on evaluating nurse resident competency was used with some minor modifications.

The learning content of the REDCap training module is directed to the individual hospital nurse residency coordinator. In addition to this module being available to all programs, a group training on REDCap was provided at the September 2013 Nurse Residency Program meeting. Individual trainings on REDCap were also provided by Dr. Wong and the grant coordinator, at the request of individual participants. The REDCap training module is attached in the Appendix, for further review.

- 5. Broadened Diversity Data Collection Definition The Utah Action Coalition for Health (UACH) hosted a group viewing of the 2013 Rosenthal Lecture at Salt Lake City Shriner's Hospital for Children in December 2013. Based on the keynote speech from Dr. Donna Shalala, and panel participants comments on diversity, individuals in attendance recommended broadening our definition of diversity to include first time college graduates, and rural (vs. urban) nurse residents. This definition became operational in Spring 2014, after formal adoption by the UACH and the nurse residency program participants.

 REDCap has been modified to collect data on the broader definition in all of our nurse residency sites. In conclusion, Utah has a small minority population, compared to other states, so the comments from the Rosenthal Lecture panel particularly resonated with us, prompting us to broader our diversity definition. The diversity data collection definition is included in the Appendix, for further review.
- 6. Retention/Termination Data Definition Working collaboratively with the nurse residency coordinators, a data definition on retention/termination was created and adopted. This data collection definition is included in the Appendix, for further review.
- 7. Evidence-Based Projects Group Presentation Evaluation of the Salt Lake Veteran's Administration Hospital nurse residency program revealed that the nurse residents found conducting evidence-based projects in the later part of the yearlong residency particularly satisfying and rewarding. These projects required using all of the skills learned in the residency, while allowing the nurse residents to contribute to the nursing units they were assigned to work. A sense of professionalism was fostered in the nurse residents that completed an evidence-based project. Dr. Nicolette Estrada, Salt Lake Veteran's Administration Hospital, presented their model and process for doing evidence-based projects to the nurse residency





participants at the March 2014 meeting. Prior to the presentation by Dr. Estrada, many of the nurse residency coordinators were skeptical of the ability of the residents to do such a project, much less find it so fulfilling.

8. SharePoint Resource Site - This site was developed so the nurse residency coordinators at each hospital could share best practices such as curriculum, education methods, hiring practices, leadership and career planning materials, and other pertinent grant information. Each coordinator has a log-in to the SharePoint site and is able to independently post information. At the request of the nurse residency partners group, the SharePoint site is housed on the HealthInsight website and is categorized into files based on the CCNE accreditation criteria, along with grant information and tools.

Summary

The curriculum model and tool kit were designed to meet the individual needs of each hospital nurse residency program. This Utah model is flexible and meant to be tailored to best meet the needs of each hospital's nurse residency program.



Appendix 1. The Curriculum Crosswalk Document

Nurse Residency Curriculum and Commission on Collegiate Nursing Education (CCNE) Cross-Walk

Hospital			Date _	
Person Completing				
CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards

Leadership Management of

Patient Care Delivery

1. Monitor the patient's condition and develop an individualized plan of care that includes identification of patient and family emotional and spiritual needs.

- 2. Delegate patient care functions and supervise patient care delivered by unlicensed or support personnel.
- 4. Evaluate patient and organization care delivery outcomes.
- 5. Identify situation in which patient needs have changed.



CCNE Standards	How Standard is	Enrollees: AD,	How Standard	Evaluation
	Met	BSN, or Both	Articulates with	Standards
	- IVICC	BSIT, OF BOTH		<u>Staridaras</u>
			<u>Capstone</u>	
			Experience	
6. Make appropriate referrals for				
managing care delivery in complex				
patient situations.				
7. Examine quality and patient				
safety as complex issues that				
involve all health care providers				
and systems.				
8. Analyze how data are used to				
investigate quality and safety				
issues and how action plans are				
developed for quality				
improvement.				
B. Resource Management				
1. Develop time management				
strategies that support				
professional nursing care.				
2. Competently use the health				
care facility's documentation				
systems.				
3. Identify factors relating to				
patient flow through the health				
care system that affect				
institutional and patient				
outcomes.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
4. Appropriately utilize resources to ensure safety of patients, self, and others.				
5. Evaluate effectiveness of team roles and analyze their effects on patient care outcomes.				
6. Analyze and set priorities within the context of the health care team.				
C. Communication				
1. Communicate effectively with patients and their families, considering any speech, hearing, or visual impairments and any language or cultural barriers.				
2. Communicate effectively with physicians and other members of the health care team.				
3. Use available resources to promote effective communication with patients, families, and members of the health care team.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
4. Collaborate with physicians and other members of the health care team in planning care and meeting patient needs.				
5. Recognize a patient's changing condition and concisely articulate the key cues and alterations from established parameters.				
6. use a standardized approach to hand-off communication that includes an opportunity to ask questions and verify information.				
7. Describe factors that create a culture of safety (such as standard communication strategies and organizational error reporting systems).				
D. Conflict Management				
1. Detect signs of tension and interactions that may lead to conflict and develop successful strategies to prevent continued escalation.				



CCNE Standards	How Standard	Enrollees: AD,	How	Evaluation
	is Met	BSN, or Both	Standard	Standards
			Articulates	
			<u>with</u>	
			<u>Capstone</u>	
			Experience	
2. Effectively manage conflict				
using appropriate resources.				
3. Ensure safety of self and others				
in a threatening situation.				
II. Patient Outcomes				
A. Management of the				
Changing Patient				
Condition				
1. Review critical functions and,				
using evidence from nursing				
research and other sources,				
perform accurate patient				
assessment and reassessment.				
2. Recognize changes in patient				
condition, demonstrate critical				
thinking, and intervene utilizing				
institutional resources.				



CCNE Standards	How Standard	Enrollees: AD,	How	Evaluation
	<u>is Met</u>	BSN, or Both	Standard	<u>Standards</u>
			Articulates	
			with	
			Capstone	
			Experience	
3. Describe the role of the nurse within the multidisciplinary team when there is a change in patient condition.				
4. Analyze the importance of the chain of command and the impact of team functioning on patient outcomes.				
B. Patient and Family				
Education				
1. Identify how the institution provides patient education across the continuum of care.				
2. Identify patient and family education needs, including those related to health promotion and prevention.				
3. Assess patient readiness to learn and identify resources to achieve the learning objectives.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates	Evaluation Standards
			with Capstone Experience	
4. Plan, deliver, and evaluate effectiveness of patient education consistent with the plan of care and institutional procedure.				
5. Evaluate the effectiveness of existing educational materials and participate in developing new materials and strategies for patient education.				
C. Pain Management				
Define the concepts and special considerations in pain management among various patient populations.				
2. Discuss the barriers to optimal pain management in specific situations based on evidence.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
3. Identify and implement principles of pain assessment and management based on evidence, including the pharmacological and non-pharmacological management of pain.				
4. Evaluate the effectiveness of pain management strategies.				
5. Follow institutional policies and procedures and identify resources for pain management.				
6. Discuss institutional policies and procedures for pain management, comparing these to professional and regulatory standards for pain management.				
D. Evidence-Based Skin				
1. Describe the rational for skin care that is evidence-based.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
2. Discuss institutional policies and procedures for assessing and implementing safe skin care practices, comparing these to relevant professional and regulatory standards.				
3. Demonstrate proper use of an evidence-based scale to identify risk for and assess skin breakdown.				
4. Identify wound care principles and establish treatment goals.5. Implement interventions to prevent and treat skin breakdown.				
6. Evaluate the effectiveness of interventions to prevent and treat skin breakdown.				



CCNE Standards	How Standard	Enrollees: AD,	How Standard	<u>Evaluation</u>
	is Met	BSN, or Both	Articulates	Standards
			with Capstone	
			<u>Experience</u>	
E. Fall Prevention				
1. Identify patient fall risk factors				
and the nursing assessment of				
these risk factors using an				
evidence-based assessment and				
risk rating tool.				
2. Implement interventions to				
prevent patient falls.				
3. Evaluate the effectiveness of				
interventions to prevent patient				
falls.				
4. Discuss key strategies to				
effectively manage clinical and				
systems issues to prevent falls.				
5. Accurately report patient falls.6. Review institutional and unit				
data on patient falls to improve				
practice.				
F. Infection Control				
1. Recognize the evidence-based principles underlying the				
institution' infection control				
policies and procedures.				
policies and procedures.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
2. Comply with the institution's infection control policies, procedures, and surveillance programs, including those related to hand hygiene.				
3. Critically evaluate the institutional and unit data on nosocomial infection rates.				
4. Discuss barriers to compliance with the institution's infection control policies and procedures.				
5. Perform a self-evaluation of adherence to principles of asepsis and the institution's infection control policies.				
6. Describe the implications of infection control practices for patient care outcomes and health care provider safety.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
III. Professional Role				
Inter/Professional				
Team Communication				
A. Ethical Decision Making				
1. Review the ethical principles important to nursing. 2. Utilize an ethical decisionmaking model to frame the ethical dilemmas encountered daily. 3. Describe the role of the American Nurses Association's Code for Nurses with Interpretive Statements in guiding ethical decision making.				
4. Analyze and implement evidence-based approaches to resolving selected ethical problems.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
5. Describe the institutional policies and procedures for handling complex ethical dilemmas.				
6. Take action to prevent or limit unsafe or unethical health and nursing care practices by self and others.				
7. Advocate for health care that is sensitive to the needs of patients, with particular emphasis on the needs of vulnerable populations.				
8. Advocate for high quality and safe patient care as a member of the health care team.				
 B. End-of-Life 1. Identify factors that affect the patient's and family's beliefs and perceptions regarding end-of-life care. 				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
 Describe the nurse's role in supporting the patient and family in palliative and hospice care. Discuss ethical considerations in end-of-life care. 				
4. Examine and implement evidence-based interventions to manage pain and discomfort at end of life.				
5. Describe signs and symptoms of imminent death.				
6. Discuss patient and family counseling and educational strategies related to end-of-life care.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
C. Cultural Competencies				
in the Nursing Care				
Environment				
1. Identify dimensions of diversity in self, patients, and staff.				
2. Compare and contrast similarities and differences in the values, beliefs, and different cultural practices.				
3. Apply evidence-based strategies related to cultural competence to effectively manage clinical issues to ensure patient safety and quality outcomes of care for diverse populations.				
4. Use appropriate language assistance services to achieve mutual understanding with the patient and family.				



<u>CCNE Standards</u>	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone Experience	Evaluation Standards
D. Stress Management				
1. Identify personal and				
professional sources of stress.				
2. Discuss the concept of				
compassion fatigue.				
3. Identify evidence-based				
techniques to manage stress.				
4. Assess situational stress is				
various relationships.				
5. Practice stress management				
interventions.				
6. Apply self-care techniques.				
E. Evidence-Based				
Practice				
1. Identify the key concepts of				
evidence-based nursing practice.				
2. Apply the concepts of evidence-				
based practice when caring for				
specific patient populations				
and/or to a clinical setting.				



CCNE Standards	How Standard is Met	Enrollees: AD, BSN, or Both	How Standard Articulates with Capstone	Evaluation Standards
			Experience	
3. Identify and use available resources for best practice information.				
4. Identify the institution's process for using evidence in the revision				
of standards, guidelines, policies, and procedures.				
5. Critically appraise a research study.				
6. Develop an evidence-based practice project.				
E. Professional				
Development				
1. Identify the resident's progress toward becoming a competent professional nurse.				
2. Evaluate benefits of joining professional nursing organizations.				
3. Construct a preliminary career plan.				
4. Identify a professional mentor.				



CCNE Standards	How Standard	Enrollees: AD,	<u>How</u>	Evaluation
	<u>is Met</u>	BSN, or Both	Standard	Standards
			<u>Articulates</u>	
			<u>with</u>	
			<u>Capstone</u>	
			Experience	
5. Review the benefits of and resources for life-long learning.				



Appendix 2. REDCap Training Module



Appendix 2. REDCap Training Module



Data Collection and REDCap

Bob Wong, PhD September 25, 2013







Agenda

- Login usernames and password
- Work flow
 - How to add residents
- Data Quality
 - Keeping track of who has not filled out the surveys
- Data Reporting
 - Quick statistics
 - Exporting data



REDCap Link

https://redcap01.brisc.utah.edu/ccts/redcap/

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Role name (click role name to edit role)	Username or users assigned to a role (click username to edit or assign to role)	Expiration (click expiration to edit)	Data Access Group (click DAG to assign user)
2 2	u0196549 (Bob Wong)	never	1 1 1 1
Residency program	jgallegos@healthinsight.org (Joan Gallegos)	never	G-12
coordinator	soostema@healthinsight.org (Steve Oostema)	never	G-40
	dsprague@iasishealthcare.com (Debbie Sprague)	never	Davis
	janell.anderson@imail.org (Janell Anderson)	never	UVRMC
	jstaley@iasishealthcare.com (Jan Staley)	never	Davis
	mark.bigwood@va.gov (Mark Bigwood)	never	VA
	mary-jean.austria@hci.utah.edu (Gigi Austria)	never	Huntsman Cancer Institute
	patty.hansen@imail.org (Patty Hansen)	never	Dixie
	rebecca.holt@imail.org (Rebecca Holt)	never	Dixie
Site coordinator	rlarkin@iasishealthcare.com (Robyn Larkin)	never	Davis
	scotts.christensen@hsc.utah.edu (Scott Christensen)	never	UUHC
	student_1 (Bob Wong)	never	Davis
	susan.childress@hci.utah.edu (Susan Childress)	never	UUHC
	tammy.richards@imail.org (Tammy Richards)	never	UVRMC
	tarbon@iasishealthcare.com (Terron Arbon)	never	Davis
	tiffany.noss@hsc.utah.edu (Tiffany Noss)	never	UUHC



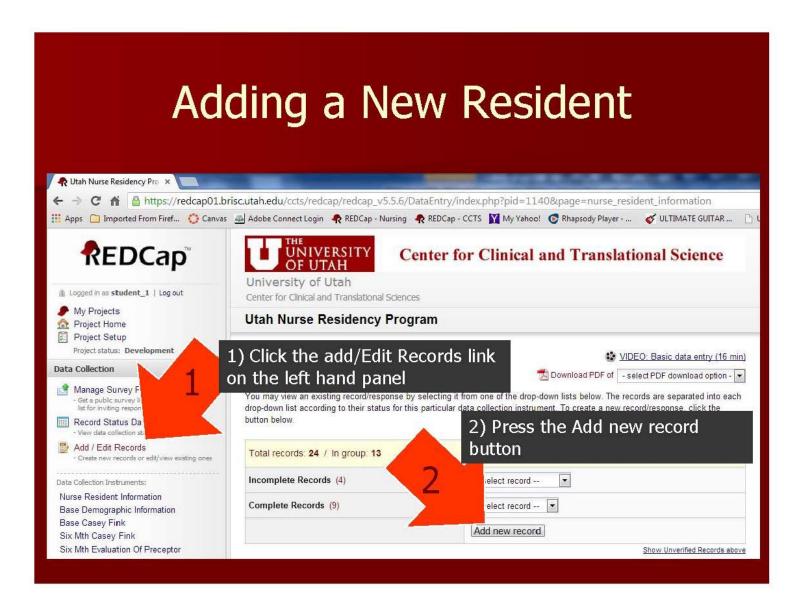




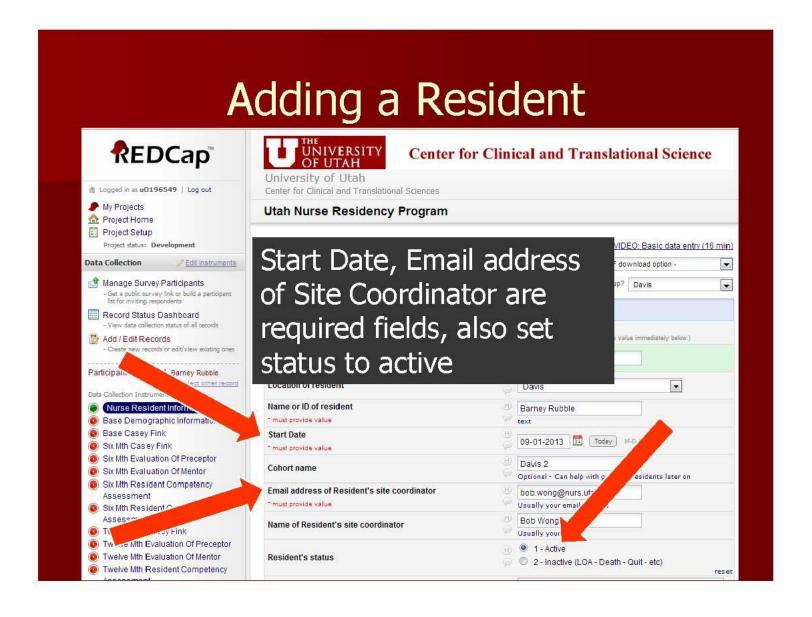
Work Flow

- Our goal was to be as flexible as possible for each site, and minimize site coordinators responsiblity
- Site coordinator enters a new resident
 - Basic information
 - Resident's name or ID
 - Start date
 - Site coordinator's email address
- Site coordinator is responsible for forwarding the survey links to Resident and Preceptor/Clinical Coach

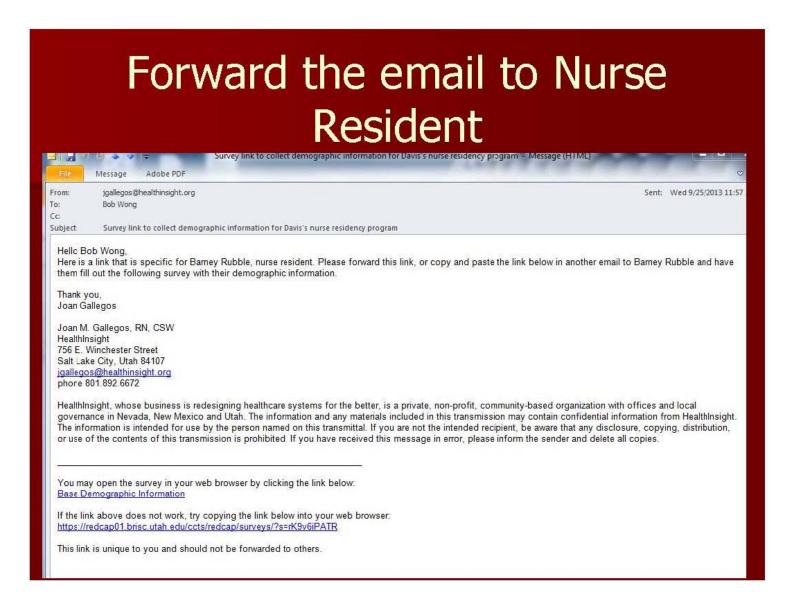












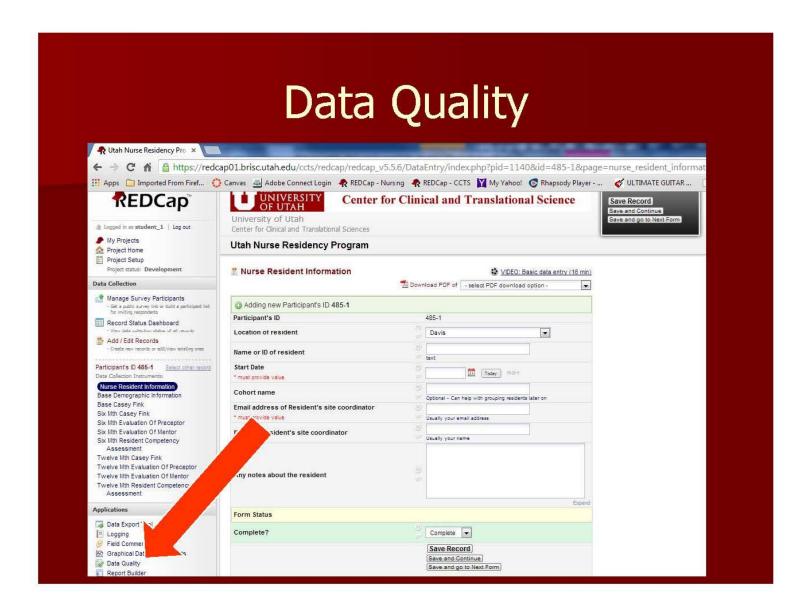


Data Collection Forms

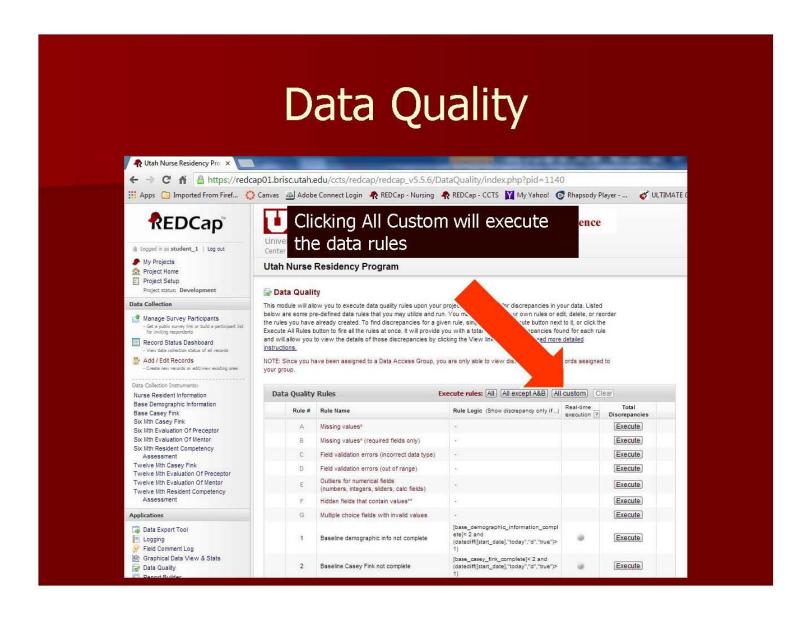
- Baseline
 - Resident's demographic information
 - Casey Fink (Satisfaction)
- 6 and 12 Month
 - Casey Fink
 - Mentor Evaluation
 - Preceptor/Clinical Coach Evaluation
 - Resident Competency Assessment
 - Completed by Preceptor/Clinical Coach



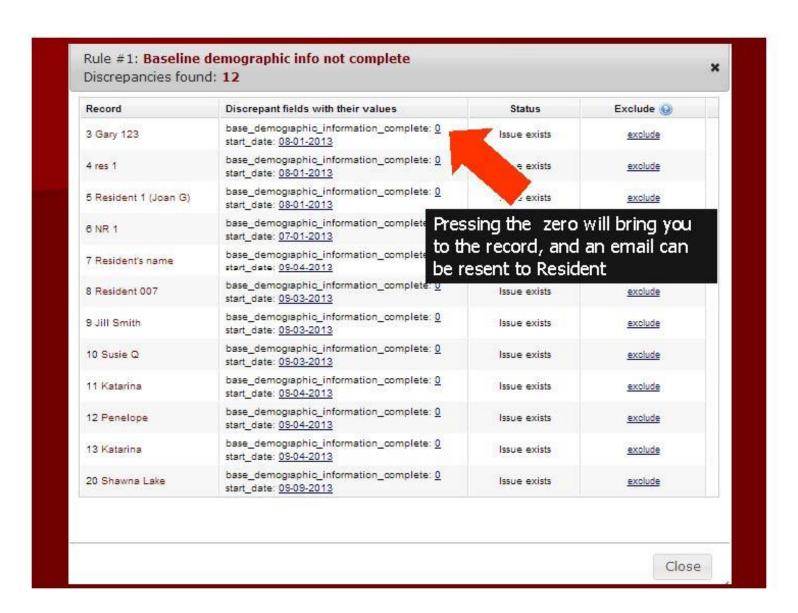




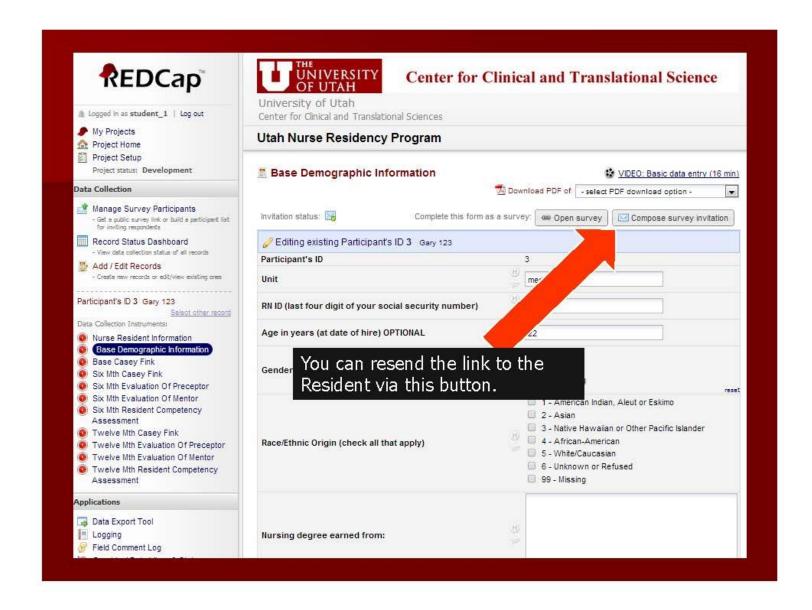




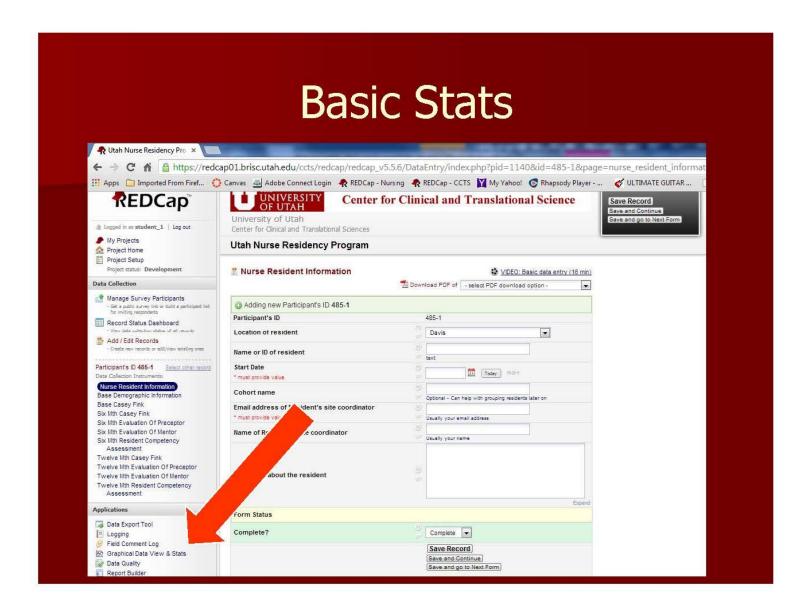




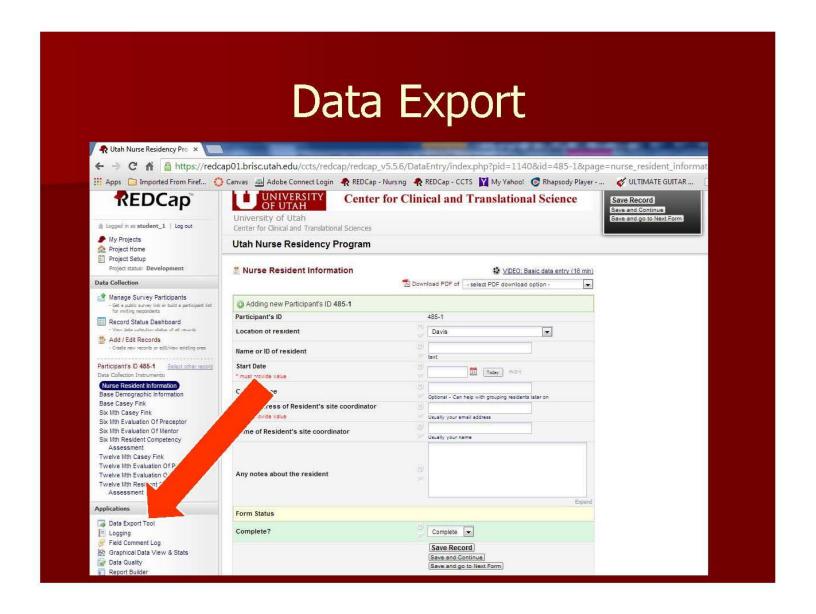








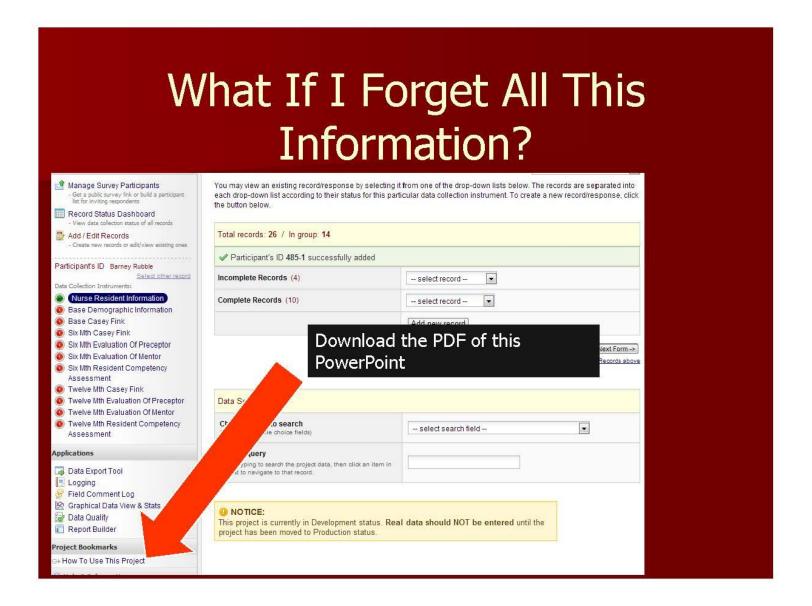














Appendix 3. Broadened Diversity Data Collection Definition

Utah Action Coalition for Health - Diversity Statement

Increasing the diversity of the nursing workforce and supporting inclusion-oriented environments within the profession of nursing is one of the core values of UACH and is a driver for all of our statewide initiatives.

Diversity statements are increasing among organizations, universities, and professional organizations and relate to recruiting diverse students and faculty (Association of American Colleges and Universities & University of Maryland, 2001); having diversity in viewpoints, belief systems, and demographic make-up of staff, membership, and leadership (NACCHO, 2001); achieving access to health professions training programs by diverse populations (HRSA, 2000); and "...considering socioeconomic class, gender, age, religious belief, sexual orientation, and physical disabilities, as well as race and ethnicity" (AACU & UM, 2001, p. 1), (STTI, 2003).

The UACH is guided by this inclusive perspective of diversity as we act to diversify the nursing workforce in Utah.

Our working definition and operational categories for tracking diversity in the nursing workforce includes the following five categories:

- 1. Race
- 2. Ethnicity
- 3. Gender
- 4. First generation college graduates
- 5. Rural

Our goal is to prepare and position nurses from all of these underrepresented groups for successful careers in nursing in Utah. Ultimately the nursing population in Utah should reflect the general population of the state and intermountain west.

In addition we want to ensure that all nurses are well prepared to care for a diverse range of individuals and families: those reflecting different cultural backgrounds, different racial and ethnic groups, differing sexual orientations and various physical and mental limitations.





Appendix 4. Retention/Termination Data Definition

RN Residency

Retention and Termination Data Definition

Retention = 100% - Termination %

Termination % = # terminated* – # failing NCLEX or died

Total number of residents

x 100

A termination of an employee that does not result from an issue or environmental feature or trait that is under the control of the employer is counted as uncontrollable termination. Examples of "uncontrollable" resignations or terminations would be those occurring as a result of the nurse's death, spouse's relocation, a family illness or retirement secondary to age.

Nurses that transfer units, specialties or relocate within the organization (health care delivery system) are not counted as terminated or resigned.





Nurses that decrease hours from full time to part time or float pool to continue their education, for health reasons or to start a family are not counted as terminated/resigned.