

# FUTURE OF NURSING™

## Campaign for Action

AT THE CENTER TO CHAMPION NURSING IN AMERICA

**AARP** Foundation® Robert Wood Johnson Foundation



The Asian American Pacific Islander Nurses Association – Supporting and Mentoring the Next Generation of Nurses to Promote a Culture of Health

July 11, 2019

# Today's Webinar

- Health needs of Asian American Pacific Islander (AAPI) communities.
- AAPINA's efforts to promote a Culture of Health and health equity by mentoring and supporting nurses and students.
- AAPINA collaboration with the *Campaign's* state-based Action Coalitions.



**Winifred V. Quinn, PhD,  
FAANP (Hon)**

Director, Advocacy &  
Consumer Affairs

*Center to Champion Nursing  
in America*

# Today's Facilitator



## **Adriana Perez, PhD, CRNP, FAAN**

Assistant Professor of Nursing

Senior Fellow, Leonard Davis Institute of Health Economics

University of Pennsylvania School of Nursing

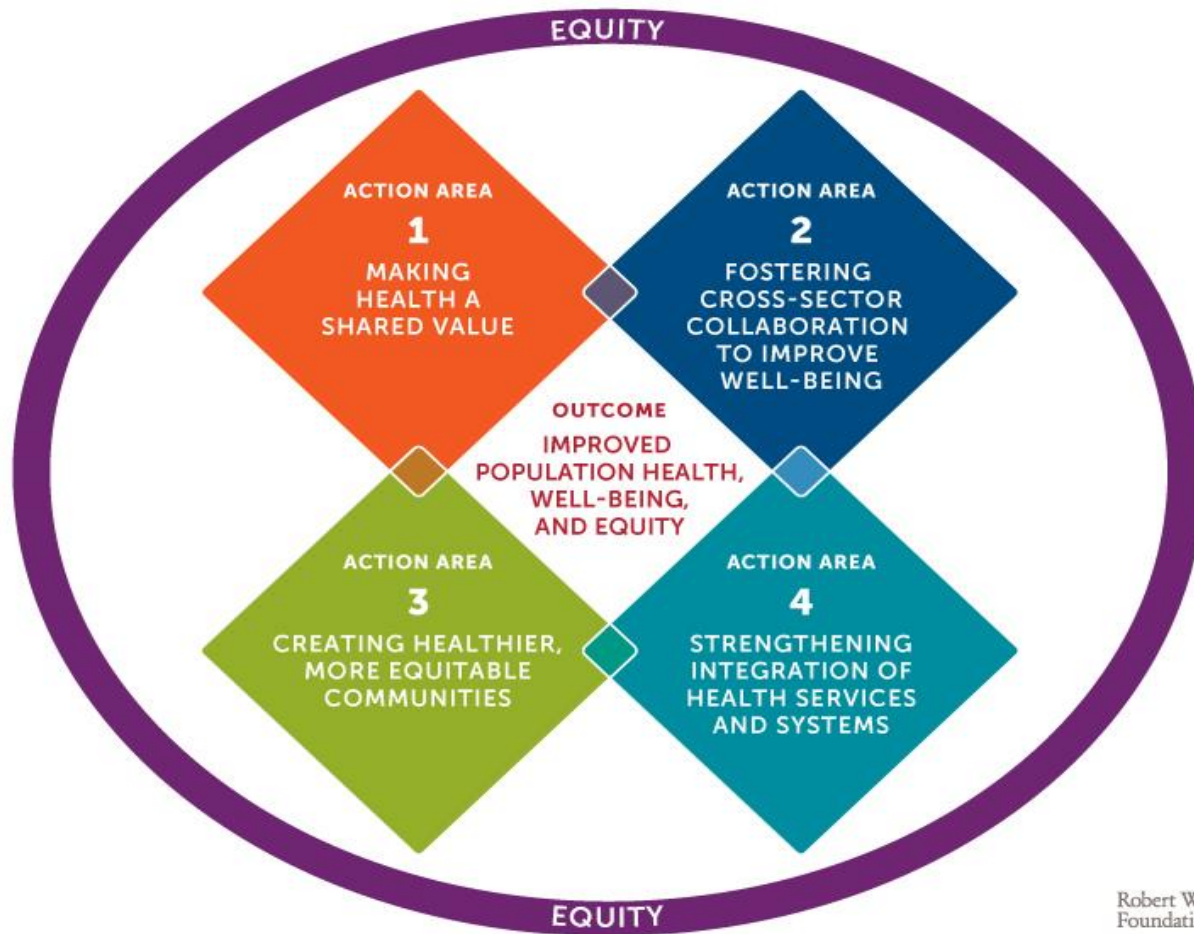
## Member Organizations

- American Association of Men in Nursing
- Asian American/Pacific Islander Nurses Association, Inc.
- National Alaska Native American Indian Nurses Association, Inc.
- National Association of Hispanic Nurses
- National Black Nurses Association
- National Coalition of Ethnic Minority Nurses Association
- Philippine Nurses Association of America, Inc.

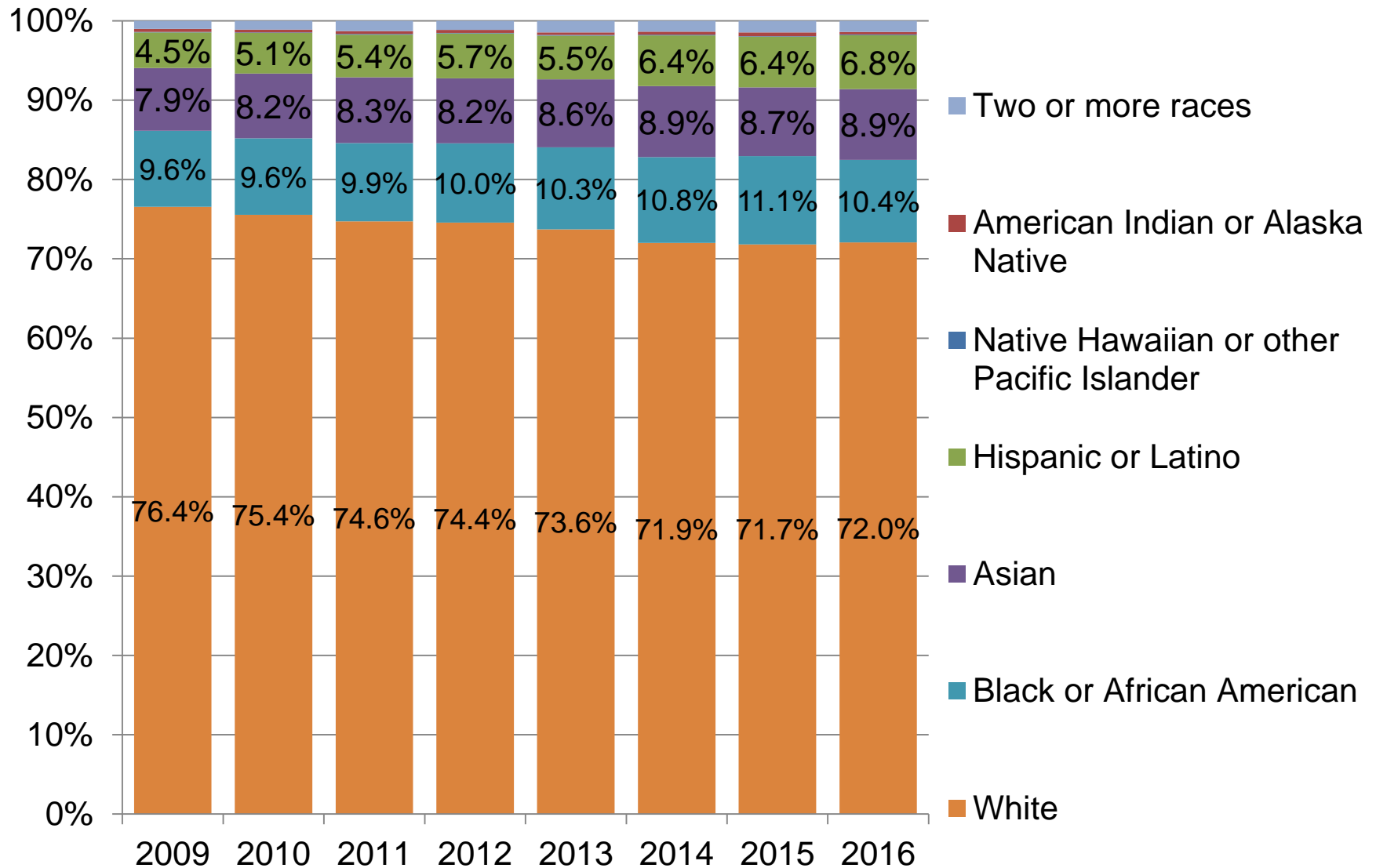
“Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay; quality education and housing; safe environments; and health care.”

*Source: Paula Braveman, UCSF, “What is Health Equity?” brief*

## CULTURE OF HEALTH ACTION FRAMEWORK



# Total RN Population Over Time



Celebrating the Achievements & Contributions of Asian Americans and Pacific Islanders in the U.S. **FUTURE OF NURSING™** Campaign for Action



May 2019: Focus on the importance of staying active and healthy and diabetes prevention and management.

Source: HHS Office of Minority Health



# Today's Presenters



**Alona D. Angosta, PhD, APRN,  
FNP-C**

President, AAPINA  
Associate Professor & Director  
of Graduate Program (MSN)  
University of Nevada Las Vegas  
School of Nursing



**Patricia Alpert, DrPH, MSN,  
FAANP**

Immediate Past President,  
AAPINA  
Past Dean, Arizona College  
School of Nursing

# **ASIAN AMERICANS, PACIFIC ISLANDERS, AND AAPINA NATIONAL**

**Alona D. Angosta, PhD, APRN, FNP-C**

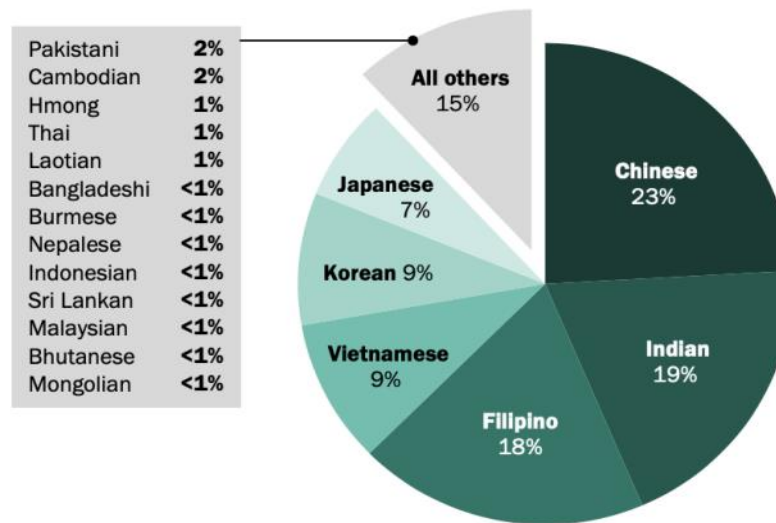
President, Asian American Pacific Islander Nurses  
Association (AAPINA)

- More than 22 million living in U.S.
  - Fastest growing minority group
- Chinese is the largest group, followed by Asian Indians (4.4 million), Filipinos (4.0 million), Vietnamese (2.1 million), Koreans (1.9 million), Japanese (1.5 million)



## Six origin groups make up 85% of all Asian Americans

*% of origin group among all Asian Americans, 2015*



Note: Chinese includes those identifying as Taiwanese. Category "Other Asian, not specified" not shown. Figures may not add up to 100% due to rounding. See methodology for more. Source: Pew Research Center analysis of 2015 American Community Survey 1-year estimates (American FactFinder).

**PEW RESEARCH CENTER**

## 1.6 million Pacific Islanders and Native Hawaiians

- Hawaii
- Guam
- Samoa
- Other Pacific Islands (U.S. territories)





# History of AAPINA

- Formed in early 90's
- First Invitational Congress of Minority Nurse Leaders in Washington, D.C.
- Founding member of National Coalition of Minority Nurses Association
- AAPINA held its first conference in 2004
- Website: [aapina.org](http://aapina.org)

AAPINA serves as the unified voice for Asian American Pacific Islander (AAPI) nurses around the world



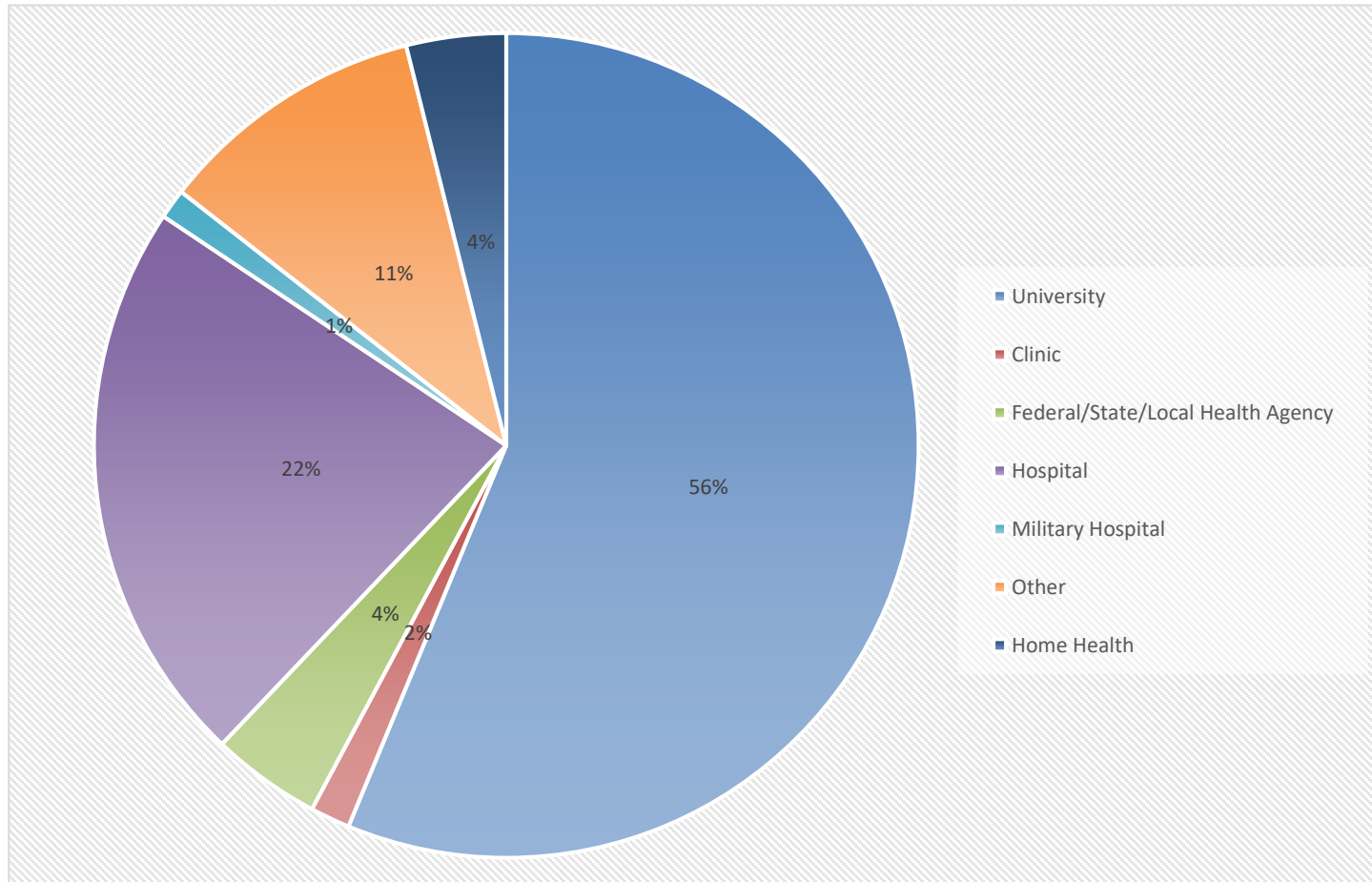


AAPINA strives to positively affect the health and well-being of AAPIs and their communities by:

- supporting AAPI nurses and nursing students
- facilitating and promoting networking and collaborative partnerships
- influencing health policy

- Who We Serve
- Programs and Services
- Competencies

# Membership Profile



# Membership Profile

- PhD (38%)
  - some with dual degrees – PhD/DNP
- DNP/DNS (8%), EdD (1%)
- MA/MBA/MPH/MSN (20%)
- BA/BSN (19%)
- ADN (3%) and Pre-RN Students (7%)

- Grants and Awards
- Publication (*APIN* journal and Newsletter)
- Discounted conference rates
- Member of NCEMNA
- Other benefits...

- Okura Mental Health Leadership Scholars



- Research Grant, Ethnic Minority Nursing, Gero-Psychiatric Award, AAPINA Scholarship Award, Yu (Phillip) Xu Mentoring Award



- AARP & Robert Wood Johnson Foundation: Future of Nursing *Campaign for Action*
- National Coalition for Ethnic Minority Nurses Association (NCEMNA)
- Asian Community Development Council (*AAPINA-NV*)
- NAPNAP for Vulnerable Youths
- AACN's Graduate Nursing Student Academy

- Network and address the health care and nursing concerns of AAPI nurses in the U.S, its territories, and other countries.
- Identify the health care needs of AAPIs.
- Formulate and implement strategies to act on issues, legislation and public policies affecting the health of AAPIs.



- Collaborate with other health and professional organizations that support the mission of AAPINA



- Promote professional development of members through training and education



# AAPINA Chapters, Activities, & Initiatives

## Three chapters (2 established in 2018)

- Hawaii
- Nevada
- North Carolina



- **National Conferences**  
CA, HI, NV, NC, TX (2004-2018)



- **International Conferences**  
Taiwan (2019)

Future venues: Korea and Japan



# AAPIs Health Profile

## Common health conditions/risk factors of Asian Americans:

- Heart disease, stroke, diabetes, cancer, liver and pulmonary diseases, tuberculosis, suicide, unintentional injuries

## Factors that impact health:

- Lack of access to health care, infrequent medical visits due to language and/or cultural barriers, lack of insurance, fear of deportation

## Common health conditions/risk factors of Pacific Islanders and Native Hawaiians:

- Obesity, diabetes, heart disease, stroke, cancer, liver and pulmonary diseases, HIV/AIDS, tuberculosis

## Other health concerns:

- Alcohol consumption, smoking, unintentional injuries

# **AAPINA's EFFORTS TO PROMOTE HEALTH EQUITY & CULTURE OF HEALTH**

**Patricia Alpert, DrPH, MSN, FAANP**  
Immediate Past President, AAPINA

- Health equity means that everyone has a fair and just opportunity to be as healthy as possible.
- Removing obstacles to health such as discrimination and poverty, and their consequences.

Source: Braveman P, Arkin E, Orleans T, Proctor D, and Plough A. What is Health Equity? Robert Wood Johnson Foundation. May 2017



- Mentorship Program: Okura Mental Health *Leadership* Scholars
- Efforts focused on *leadership* and *scholarship development*
- Scholars/Mentees and Mentors
- Outcomes



- Yu (Phillip) Xu Mentoring Award  
(Dr. Xu in picture)



- Efforts focused on *significant* contribution on professional and/or personal growth through *mentoring* of an AAPINA member, including student
- Awardees (not in picture) include Dr. Jillian Inouye, Dr. Pat Alpert, and Dr. Leorey Saligan from NINR.

- Educating to build healthy AAPI communities.
- Disseminating information about best practices for specific health issues of AAPIs to others to ensure health care needs are met.
  - Through conferences, newsletter and publications (APIN journal).



- Developing and implementing strategies to act on legislative issues and public policies that impact the health of AAPIs.
- Networking with and supporting other organizations.



- Advocating for members to obtain leadership positions in research, education, and practice.
- Offering professional development training to promote leadership.



- Are there efforts/interests to increase the number of AAPINA Chapters in other states?
- What are the priority initiatives/work of AAPINA Chapters in Hawaii, Nevada & North Carolina?

## Discussion Questions:

- 1) How will you integrate what you learned from this webinar into your work?
- 2) What are additional resources or nursing-led initiatives that can help promote health equity in Asian American Pacific Islander and other diverse communities?

**Press \*1 on your telephone key pad to answer or ask a question  
(Please be sure to record your name after the prompt)**

**OR**

**Use the “chat” feature to send “everyone” a question.**



If you are having trouble asking a question, please click the “Raise Hand” button on the bottom right of your screen

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For webinar resources:  
<http://campaignforaction.org/resources>

**Campaign for Action** ABOUT ISSUES OUR NETWORK BLOG RESOURCES GET INVOLVED Q

## Resources

A LIBRARY AT YOUR FINGERTIPS

Help promote better health through nursing by tapping into hundreds of resources, including studies, toolkits, webinars, and other materials organized in the categories in which the *Campaign* pushes for action.

**ISSUES**

- Improving Access to Care
- Transforming Nursing Education
- Promoting Nursing Leadership
- Increasing Diversity
- Collecting Workforce Data
- Fostering Interprofessional Collaboration
- Building Healthier Communities

**TOOLS & TIPS**

- Academic Progression in Nursing (APN)
- Advocacy
- Communications and marketing
- Funding opportunities
- Medkits
- Milestones (Dashboard Indicators)
- News releases

keywords  Q

**BY STATE** ▼

RESET X

- Organizational excellence
  - Fundraising
  - Internal operations
  - Stakeholder engagement
- Research
- State Implementation Program (SIP)
  - Grantee projects
  - Grantee resources
- Webinars

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