# 3. PROMOTING NURSES' HEALTH AND WELL-BEING

3.4 Employers, including nurse leaders, should establish a culture of physical and psychological safety and ethical practice in the workplace, including dismantling structural racism; addressing bullying and incivility; using evidenced-informed approaches; investing in organizational infrastructure, such as resilience engineering; and creating accountability for nurses' health and wellbeing outcomes.



# 1. Key Strategic Stakeholders

# **Nursing**

Accrediting Organizations (Joint Commission, Magnet/ANCC, Nursing Education, etc.); State and Federal Professional Organizations to include diversity and specialty focused groups B. Identify and engage stakeholders and seek input

## **Healthcare**

State Hospital Associations; Large Employers

### **Federal Government**

Regulatory Organizations (OSHA, NIOSH, CMS); Legislators and committees

#### **State Government**

Boards of Nursing; Public Health Departments

### Other

Human resource associations

## 2. Top 3-5 Actions for 2021

- A. Research and discover current successful evidence-based programs that support Nurse Wellbeing inside and outside of the clinical setting
- C. Understand current laws and legislation about protecting healthcare workers from violence
- D. Categorize current programming according to specific issues (e.g., bullying, violence, safety, resilience, wellbeing)
- E. Identify gaps in programming to develop new evidencebased approaches
- F. Identify Indicators for nurses health and well being outcomes

# 3. Top 3-5 Actions for 2022

- A. Identify trends/themes, gaps, and prevalence to help prioritize by impact
- B. Develop detailed plans and identify vested stakeholders to engage in the planning
- C. Create toolkits and build partnerships
- D. Get feedback from stakeholders regarding toolkits and projects
- E. Pilot toolkits (turnkey method)
- F. Develop evaluation plan

## 4. Success Indicator

- Development of the toolkits
- Successful implementation in a specific number of programs and toolkits
- Robust evaluation plan (Nurse Wellbeing)
- Continued sustainable commitment, support, and buy in from participating stakeholders (Focus on Accreditation and regulatory agencies)