



## Dimension 1: Caring

Virtual Workshop  
September 16-17, 2021  
Regina Eddie, PhD, RN Assistant  
Northern Arizona University

1

### Learning Objectives

Describe American Indian/Alaska Native (AI/AN) students' higher education experiences: barriers/ challenges

Assess culturally responsive practices relevant to AI/AN students at the institution, Schools of Nursing, and faculty levels

Describe mentoring and academic success

2

## College Experiences/Barriers of AI/AN Students

**FUTURE OF NURSING™**  
Campaign for Action

Feelings of being alone, isolated from home, family & culture



Subtle and overt discrimination

Faculty and peers insensitive to indigenous cultural perspectives

Academic underpreparedness

Difficulty in transitioning to college



(Crooks, 2013; Guillory & Wolverton, 2008)

3

## Pathway to AI/AN Student Success

**FUTURE OF NURSING™**  
Campaign for Action



4

## Applying the dimension of *Caring*

**FUTURE OF NURSING™**  
Campaign for Action



*Caring* encompasses a holistic and genuine approach, where caring for individuals addresses the whole being of person – mind, body and spirit

For students, *caring* is about getting to know them, where they are coming from, their cultural identity and roots

(Lowe & Struthers, 2001)

5

## Assess the extent a student's learning environment is supportive and culturally safe

**FUTURE OF NURSING™**  
Campaign for Action

What is your campus climate like for AI/AN students? Is it supportive/non-supportive environment?

Is your institution, nursing program and faculty interested (or even committed) to academic success among diverse students including AI/ANs?

If so, how?

6

## Institution Assessment

**FUTURE OF NURSING™**  
Campaign for Action

<b>A. University-wide support mechanism that greatly enhances a student's success in a variety of learning environments</b>	<b>Yes</b>	<b>No</b>
1. Does your university promote and create environments that engage students of diverse backgrounds?		
2. Does your university have a dedicated program and cultural space for AI/AN students?		
3. Is cultural awareness and sensitivity promoted across the university for AI/AN students?		

7

## Program Assessment

**FUTURE OF NURSING™**  
Campaign for Action

<b>B. College/School of Nursing support program activities that enhances AI/AN student success in a variety of learning environments</b>	<b>Yes</b>	<b>No</b>
4. Does your nursing program provide a supportive and culturally safe environment for AI/AN students?		
5. Do you have specific initiatives that focus on recruitment of AI/AN or other diverse students and faculty?		
6. Do you have American Indian faculty or staff on board?		
7. Do you have a faculty development program that provides training on diversity, cultural awareness and sensitivity?		
8. Do you have an ongoing mentoring program for AI/AN students?		
9. Do you have other support programs for AI/AN students		
10. Do you have a specific mentoring model that you follow?		
11. Do you have an individual or individuals designated as a mentor program director/ manager or lead person that mentors and mentees can go to with questions?		

8

## Faculty Assessment

**FUTURE OF NURSING™**  
Campaign for Action

<b>C. Individual Faculty Self-Assessment</b>	<b>Yes</b>	<b>No</b>
12. I reflect and examine my own cultural background, biases and prejudices to race, culture and sexual orientation that may influence my behaviors.		
13. I believe it is important for me to learn and understand about other cultures than my own including their histories, values, beliefs and practices.		
14. I intervene, in an appropriate manner, when I observe others engaging in behaviors that appear culturally insensitive or reflect prejudice.		
15. When interacting with members from other cultures, I attempt to learn and use important words or expressions of the languages used.		
16. I do not impose my personal values and beliefs that may conflict with other cultures or ethnic groups.		
17. In my teaching, I use a variety of teaching methods to support different learning styles.		

Adapted from: Association of American Colleges & Universities, (2013); Robert Wood Johnson Foundation (2017); South Dakota State University, College of Nursing, Cultural Self-Assessment

9

## What is Mentoring?

**FUTURE OF NURSING™**  
Campaign for Action

*A positive and supportive relationship between a mentor and mentee where a mentee's growth, development and learning experiences are guided by the sharing of knowledge, skills and experiences of a mentor.*

*The goal of mentoring is for a mentee to reach their fullest potential and mutually defined goals.*

10

## Mentoring and Academic Success

**FUTURE OF NURSING™**  
Campaign for Action

Mentoring increases persistence and positive correlation with self-efficacy

Increased retention and graduation rates

Improved overall student satisfaction

(Cech et al., 2011; Milne et al., 2016; Wilson, 2010; )



11

## References

**FUTURE OF NURSING™**  
Campaign for Action

- 1) Association of American Colleges & Universities (2013). A New Rubric for Assessing Institution-Wide Diversity. <https://www.aacu.org/publications-research/periodicals/new-rubric-assessing-institution-wide-diversity>
- 2) Cech, E., Metz, A., Babcock, T., & Smith, J. (2011). Caring for our own: The role of institutionalized support structures in Native American Nursing Student Success. *Journal of Nursing Education*, 50(9), 524-531.
- 3) Crooks, N. (2013). Mentoring as the key to minority success in nursing education. *ABNF Journal*, 24(2), 47-50.
- 4) Guillory, R., & Wolverson, M. (2008). It's about family: Native American student persistence in higher education. *The Journal of Higher Education*, 79(1), 58-87.
- 5) Keith, J., Stastny, S., & Brunt, A. (2016). Barriers and strategies for American Indian College Students: A Review. *Journal of College Student Development*; 57(6), 698-714.
- 6) Lowe, J., & Struthers, R. (2001). A conceptual framework of nursing in Native American culture. *Journal of Nursing Scholarship*, 33(3), 279-283.
- 7) Milne, T., Creedy, D., & West, R. (2016). Integrated systematic review on educational strategies that promote academic success and resilience in undergraduate indigenous students. *Nurse Education Today*, 36, 387-394.
- 8) Robert Wood Johnson Foundation, New Careers in Nursing (2017). *Mentorship: A Student Success Strategy Mentoring Program Toolkit*.
- 9) Wilson, A., Sanner, S., & McAllister, L. (2010). An evaluation study of a mentoring program to increase the diversity of the nursing workforce. *Journal of Cultural Diversity*, 17(4), 144-150.

12